# Men's measuring guide

## Neck:

Measure around the thickest part of your neck, or base of neck.

2

## Chest:

With arms relaxed at sides, measure directly under your arms around the fullest part of your chest and shoulder blades, keeping tape parallel to floor.

3

#### Waist:

Measure around your natural waist at the height you normally wear your pants.

4

# Hip:

Standing with your heels together, measure around the fullest part of your hips. Keep the tape parallel to the floor for the best results.

5

#### Inseam:

Measure a similar pant that fits you well. Measure from the top inner thigh to the bottom of the hem. The number of inches is your inseam length.

6

## Height:

Measure a similar pant that fits you well. Measure from the top inner thigh to the bottom of the hem. The number of inches is your inseam length.

